

# Management of Undescended Testicles

Version: 2

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# Introduction

## Purpose

Testicles are considered undescended when they fail to spontaneously migrate down into the scrotum after birth. Boys with bilateral, non-palpable testes, associated or not with hypospadias, require immediate consult of appropriate specialists, including Endocrinology, Urology, Gynecology and/or Genetics for evaluation of a possible disorder of sex development.

## Target Users

• Nurses, nurse practitioners, staff physicians, residents, fellows, and primary care physicians

#### **Target Patient Population**

- **Inclusion:** Intended for boys 2 months of age or older who present with one testicle that is not palpable within the scrotum.
- Exclusion: Not intended for use in boys with bilateral undescended testicles.

## Definitions

• **Retractile testes**: hypermobile testes; are descended testes that easily move back and forth between the scrotum and the abdomen. Retractile testes are normal testes that have been pulled into a suprascrotal position by the cremasteric reflex. These testes can be brought into a dependent scrotal position and will remain there if the cremasteric reflex is overcome.

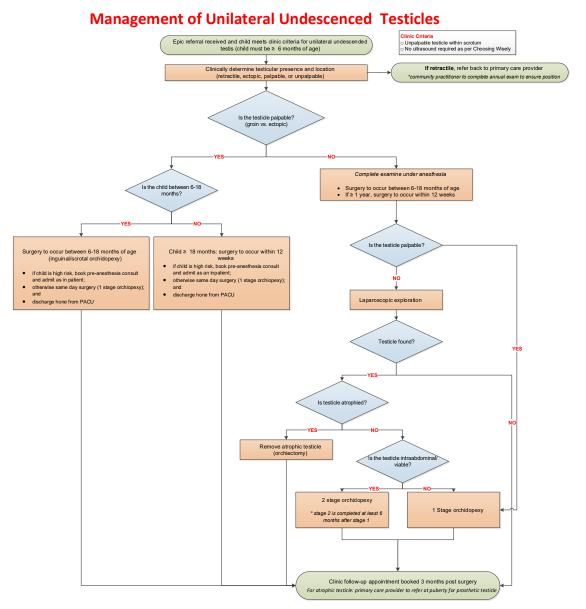
## Referrals

- Primary care physicians should refer boys two months of age or older who do not have spontaneous testicular descent to a surgical specialist for evaluation. It is expected that the testicles should descend by 6 months of age.
- Scrotal ultrasounds should not be completed prior to referral. These studies rarely have any impact on decision making.
- Retractile testicles do not need to be referred for surgical treatment however primary care physicians should assess the position of the testes annually to monitor for secondary ascent.

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# **Clinical Recommendations**



## **Guideline Group and Reviewers**

## **Guideline Group Membership:**

- 1. Kristine Tomczyk, NP-Paediatrics, Urology
- 2. Dr. Fardod O'Kelly, Clinical Fellow, Urology

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#### **Internal Reviewers:**

- 1. Dr. Darius Bagli, Staff MD, Division of Urology
- 2. Dr. Joana Dos Santos, Staff MD, Division of Urology

# References

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#### Attachments:

AAP orchidopexy.pdf

AUA guidelines orchidopexy.pdf

CUA-PUC guidelines.pdf

pathway aug 9.pdf

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