Management of Acute Child and Adolescent Sexual Abuse and Assault

Introduction

Children and adolescents who have been acutely sexually abused/assaulted regularly come to SickKids for a medical evaluation. These patients are often assessed in different clinical settings by medical providers with varying levels of training and experience. Given the medical legal nature of the evaluation of children and adolescents with suspected and/or confirmed sexual abuse/assault including the potential child protection and criminal justice implications, there is a need for a consistent, evidence based approach to assessment and managing these patients.

The purpose of this clinical practice guideline (CPG) is to articulate a standard of care for the emergency department (ED) and the SCAN Program Clinic when providing care to children and adolescents who have experience acute sexual abuse/assault.

Target Population

This guideline is intended for use with children and adolescents who have experienced acute sexual abuse/assault and their families who:

- are between the ages of 0 to 18 years; and
- present to ED or the SCAN Program clinic within 72 hours following a sexual abuse/assault event.

Target Users

The target users of this CPG are healthcare providers caring for children or adolescents who have been sexually abused or assaulted, or with whom there is a suspicion of sexual abuse or assault. These health care providers include:

- Nurses, Sexual Assault Nurse Examiners, Nurse Practitioners at SickKids;
- Staff Physicians, Residents, Fellows at SickKids;
- Providers who provide consultation to other organizations caring for or involved with this population; and
- External partners outside of SickKids.

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Definitions

- **Sexual abuse**: occurs when a child under the age of 16 is used for sexual purposes by an adult or adolescent. It is inherently emotionally abusive and is a betrayal of trust and an abuse of power over the child. Sexual abuse is often accompanied by other forms of mistreatment. Child sexual abuse involves exposing a child to any sexual activity or behavior, whether direct or indirect[1].
- **Sexual assault**: any form of unwanted sexual activity that is forced upon a person without that person's consent. Sexual assault can range from unwanted sexual touching to forced intercourse. While most sexual assaults are perpetrated against women, both women and men can and are sexually assaulted[1].
- **Child**: for the purposes of this CPG a child is typically under the age of 12 and has not entered the stages of puberty.
- **Adolescent**: for the purposes of this CPG an adolescent is the age of 12 and over that has entered stages of puberty.
Clinical Practice Recommendations (additional information outlined below)

SCAN Team Sexual Assault/Abuse Medical Evaluation Pathway

ED or clinic triage assessment determines suspected or confirmed sexual abuse or assault concerns. (refer to patient flow document)

ED to gather brief summary or abuse or assault from most appropriate source i.e. police, Children’s Aid Society (CAS), parent or caregiver. Avoid collecting information from child or adolescent.

Triage RN to Call SCAN team prior to medical assessment

Prior to ED medical assessment SCAN clinician on call to provide recommended course of action and communicate with ED MRP

SCAN clinician to assess in ED immediately or next day

SCAN clinician to initiate the Sexual Abuse and Assault Medical Evaluation clinical care pathway

If 9am-5pm – in SCAN clinic; before 9am and after 5pm in ED by SCAN team

SCAN clinician to gather following information not in the presence of the child from caregiver/police or CAS for child or adolescent with caution:
- History related to abuse/assault
- Determine type of contact
- Determine symptoms

Complete written documentation and photodocumentation (Policy)

Complete Physical/Genital Examination (Techniques)

If indicated, collect forensic evidence using SAEK

Complete STI testing

Comprehensive STI testing (protocol)

Complete HIV Post Exposure Prophylaxis (PEP) Assessment

If indicated and within 120 hours of assault, consider Emergency Contraception

Mental Health Assessment

Discharge Planning

- Assess Safety
- Follow-up appointments
- Explain findings to patient/caregiver/CAS and if consented Police
- Discuss follow-up plan (PEP, STI testing)

Practice Point:

If a child/adolescent does not fit any of the above indications, and does not need to be seen in the ED, arrangement with the SCAN program should be made immediately for follow-up. Please call before sending a child to the SCAN clinic 416-813-6275 or 416-813-1500 after hours (located on the 6th floor Black wing).
Additional information for recommendations outlines in pathway:

- **Printable version of pathway**
- **ED Management**
  - ED Scan Patient Flow
- **Medical Evaluation**
  - Guidelines for medical assessment and care of children who have been sexually assaulted
- **Forensic Evidence Collection**
- **Sexually Transmitted Infection Testing**
  - STI testing protocol
  - HIV PEP protocol
  - Sexual maturation rating
- **Reporting**
- **Crisis Intervention and Mental Health Assessment**
- **Discharge and Follow-up**
References

1. Ontario Network of Sexual Assault/Domestic Violence Treatment Centres.


Guideline Group and Reviewers

Guideline Group Membership
- Judy Waldman, RN, MN, SCAN
- Heather Farina, RN, NP, SCAN
- Tanya Smith, RN, NP, SCAN
- Karla Wentzel, RN,NP, SCAN
- Amelia Sloan, RN, MN, SCAN
- Michelle Shouldice, MD, SCAN
- Andrea Boyson, RN, ER staff
- Amanda Hurdowar, Quality Analyst, Quality Management
- Fatma A. Rajwani, PT, Quality Analyst, Quality Management

Content Reviewers
- Andrea Boyson, RN, ER Staff
- Trent Mizzi, MD, ER Staff
- Ari Bitnun – Infectious Disease
- Elaine Lau, Pharmacy
- Susan Richardson – Microbiology
- Jenny Smith, SCAN Fellow
- Amanda Lord, SCAN Fellow
- Katie Deverson, SCAN NP
- Burke Baird, MD, McMaster CAAP Program
- Meredith Kirkland- Burke, SW, SCAN
- Jennifer Chen, Pharmacy, Drugs & Therapeutics

Internal Reviewers
- Andrea Boyson
- Jason Fischer
Implemention Plan

Facilitators:
- Standardized evaluation and management process
- Standardized tools: HIV PEP order set and protocol, STI testing protocol, and SEAK
- ED staff engagement
- SCAN team orientation for medical trainees
- 24/7 SCAN team responder

Barriers:
- High staff turn-over rate: mitigate by providing standardized education to new staff in ED and SCAN team
- SCAN team not always consulted

Measurement Plan

Metrics:
- Retrospective chart audit to include:
  - Appropriate use of HIV order set
  - Appropriate STI testing and/or treatment
  - Appropriate use of emergency contraception
  - Frequency and appropriateness of forensic evidence collection
  - Appropriate CAS or Police involvement
  - Appropriate mental health assessment completed
- Assess usability of pathway
- Frequency: monthly for 6 months following implementation and quarterly thereafter

Attachments:
- Crisis Intervention and Mental Health Assessment_august 2019.docx
- Discharge and Follow-up.pdf
- ED management_aug 1 2019.docx
- Emergency Department SCAN Patient Flow.pdf
- Forensic Evidence Collection_august 2019.docx
- Guidelines for Medical Assessment and Care of Children who may have been Sexually Assaulted.pdf
HIV PEP Protocol_April 2020.docx
HIV PEP Protocol_April 2020.pdf
Medical Evaluation_updated august 2019.docx
pathway_june 24 2019.pdf
Reporting_August 2019.docx
SCAN PEP orderset Final Feb 15 2017.pdf
Sexual Maturation Rating.pptx
Sexually Transmitted Infection Testing_august 2019.docx
STI Testing protocol_aug 2019.docx