1.0 Introduction

Acute chest syndrome (ACS) is defined as a new infiltrate on chest x-ray associated with new respiratory symptoms and is responsible for up to 25% of all deaths in children with sickle cell disease, and is the second most common cause for hospitalization in these children. The etiology of ACS is variable and may include both infectious and non-infectious causes; infections are more common in younger children. (Organisms include but are not limited to those listed below.)

<table>
<thead>
<tr>
<th>Infectious Causes</th>
<th>Non-infectious Causes of ACS</th>
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<tbody>
<tr>
<td>Bacteria</td>
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<tr>
<td>• Pneumococcus</td>
<td>• Pulmonary infarction <em>(in situ sickling)</em></td>
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<tr>
<td>• Gram-negative bacteria</td>
<td>• Hypoventilation secondary to rib/sternal infarction or narcotic administration</td>
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<tr>
<td>• Chlamydia pneumoniae</td>
<td>• Fat embolism</td>
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<tr>
<td>• Mycoplasma pneumoniae</td>
<td>• Pulmonary edema secondary to fluid overload</td>
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<td>Viruses</td>
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<tr>
<td>• Respiratory syncytial virus</td>
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<tr>
<td>• Para-influenza</td>
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<tr>
<td>• Influenza</td>
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</tbody>
</table>

In patients with sickle cell disease, ACS occurs most frequently in patients with haemoglobin genotype SS (12.8 events/100 patient-years); less so in those with HbSβ0 thalassemia (9.4 events/100 patient-years) or HbSC (5.2 events/100 patient-years); and least often in those with HbSβ+ thalassemia (3.9 events/100 patient-years) (Castro et al. 1994). Within each Hb type, the incidence is strongly but inversely related to age, being highest in children 2–4 years old (25.3 events/100 patient-years) and decreasing to its lowest value in adults.

2.0 Clinical/Laboratory Features

Frequency of presenting symptoms in ACS appears to be age-specific. In young children (2-4 years old), fever and cough are typical; pain is rare; and upper lobe disease is more common. Adults tend to present with shortness of breath, chills, severe pain, and no fever; multi-lobe and lower lobe disease are more frequent. Seasonal variation is seen, with more cases reported in the winter.

Tenderness may be present over the ribs or sternum. Chest x-rays of patients with ACS may show infiltrates in one or more lobes (66% of all presenting cases have single lobe involvement), pleural effusion may be visible in up to 30% of cases. Haemoglobin is often slightly lower than baseline (by a mean drop of 7g/L); leukocytes are often increased.
3.0 Clinical Recommendations for Management of Acute Chest Syndrome or Pneumonia in Sickle Cell Disease

Child with Sickle Cell Disease (SCD) presents to ED with respiratory distress and/or fever (oral or rectal temperature $>38.5^\circ C$ or axillary temperature $>38^\circ C$).

Complete Initial Assessment and Management:

1. Refer to ED Fever order set in Epic: complete history, physical exam, and lab investigations.
2. Request chest x-ray if child has a fever, chest pain, tachypnea, or respiratory symptoms.
3. Encourage child to drink orally. If not tolerating fluids or dehydrated, commence IV fluids (normal saline at total fluid intake [TFI] of maintenance. See Fluid and Electrolyte Administration in Children.
4. Administer oxygen to maintain $O_2$ saturation $>95%$.
5. Start antibiotics (refer to antibiotic guidelines for details).
6. Treat with appropriate analgesics and antipyretics (refer to Acute Painful Episodes Vaso-occlusive Crisis and Fever Guidelines for Sickle Cell Disease).
7. Complete rapid flu testing during influenza season to guide use of Tamiflu if clinically indicated.
8. Consult Haematology fellow. The fellow must see all seriously ill patients and ensure that all patients are followed by the Sickle Cell team.

ALL children with ACS MUST be admitted to SCDU under Pediatric Medicine or PICU for critically ill child.

Inpatient Management

- Vital sign monitoring
- Refer to Vital Signs Monitoring Guidelines

Administer

- Antibiotics as indicated
  - Hydration (continue IV and PO fluids at maintenance flow rates. Increase fluids as needed, if child is dehydrated or insensible losses are increased e.g. persistent fever. DO NOT exceed Total Fluid Intake [TFI] of maintenance)
- Analgesics
- Antipyretics
- Bronchodilators (if the child has a history of reactive air disease or wheezing)

Complete the following if indicated:
- CBC with reticulocyte counts on admission and then as clinically indicated
- Nasopharyngeal swab (before 1100 H)
- Send a swab for mycoplasma PCR if high clinical suspicion for atypical organism like mycoplasma;
- Various blood gases

Physiotherapy

- Refer to Physiotherapy guidelines for chest, back, neck and abdominal V/Q for mobility and incentive spirometry unless contraindicated; refer to Cardiopulmonary Physiotherapy Guidelines for invasive spirometry initiation of heaves;
- Consult may be warranted for patients with limited other V/Q and/or other health care professionals should encourage ambulation and activity as per physiotherapists’ recommendation and within child’s tolerance.
- Discourage need fortagging pleural effusion
- Consult Haematology for worsening hemoglobin

Child discharged home with appropriate follow-up if he/she meets the discharge criteria

History to include:
- Acute breathing difficulties
- Fever and infectious symptoms
- Nausea, duration, and severity of pain
- Medication already used
- Allergies
- Previous successful experience with analgesics
- Baseline hemoglobin
- Previous episodes of ACS or pneumonia

Physical exam to include:
- Vital signs (pulse oximetry and pain score)
- Cardiopulmonary
- Hydration status
- Skin color
- Character of sputum
- Presence of jaundice
- Signs of infection

Lab investigations to include:
- CBC, differential, and reticulocyte count
- Blood culture
- Complete Oxygen saturation monitoring if fe or she is in moderate to severe respiratory distress
- Blood type and cross matching (for possible exchange transfusion). If in respiratory distress
- Blood transfusion/intensive care request for cross matching must have SCD diagnosis noted
- Serum Electrolytes (NA, K, glucose, creatinine) should be ordered — refer to Fluid and Electrolyte Guidelines

PRINTABLE VERSION OF CLINICAL PATHWAY

4.0 References


5.0 Related documents

- Fever: Guidelines for Management in Children with Sickle Cell Disease

- Acute Painful Episodes Vaso-occlusive Crisis: Guidelines for Management in Children with Sickle Cell Disease

- Fluid and Electrolyte Administration in Children

Attachments:

- Acute Chest Care Pathway 2021 FINAL.pdf
- Acute Chest Discharge Criteria Revision 2021.pdf
- Revision History.docx
- SC_Clinic Follow Up Revised 2021_FINAL.pdf
- SCD pain plan_july 2015.pdf